



Health Overview Scrutiny Committee- Schools Programme Sexual Health

*Save the Teenager, save the World”
(Nakamura 2008)*



WHY IS SEXUAL HEALTH IMPORTANT?

- 25% of all girls UNDER 16 are sexually active.
- High teenage pregnancy rates.
- Increasing numbers of sexually transmitted infections especially Chlamydia, Genital Warts and Gonorrhoea.
- Long term health implications e.g. infertility and associated social and economic impact.
- This service is unique to Wokingham and was set up in 2004 to begin to address these issues working in partnership with schools and Public Health.

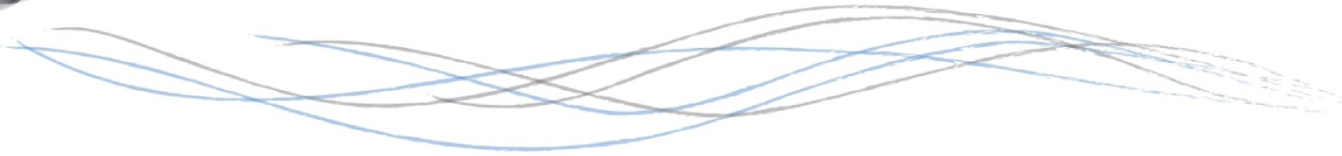


What the service aims to provide (1)

- A safe and confidential environment in which young people can feel comfortable and able to discuss their concerns.
- Advice on sexual health issues and where appropriate contraceptive supplies including hormonal contraception and condoms.
- Safeguarding the welfare of young people through local procedures and partnership working.
- Information on further services available and if necessary help young people to access them.
- Chlamydia screening and treatment for Chlamydia infection.
- Referral routes to other contraceptive services and JUICE.
- Accurate information on a range of health issues relevant to young people.



- **What the Service aims to provide (2)**
- Advice on substance misuse, alcohol issues and appropriate referral.
- Support for young people who have concerns about their health or who may wish to adopt a healthier lifestyle.
- The space and opportunity for young people to develop their decision making skills responsibly.
- Opportunities for young people to become involved in planning and evaluating the service, thus making it more relevant and accessible to them.



- **Service Overview(1)**

- Young Peoples Health Workers (YPHW)
- Youth Worker
- School Nurses (alternate weeks)
- Offered in: Emmbrook
- St.Crispins
- The Holt.



- **Service Overview (2)**

- 5 Youth Club sexual health provision – Woodley Airfield, Twyford, Centrepoint and Silverdale.
- Targeted one to one work on request for service by Common Assessment Framework (CAF) or self referral.
- Support delivery of JUICE clinics.
- Specialist targeted sexual health advice in Southfields, Pupil Referral unit (PRU) and Brambles.
- Personal, sexual, health education (PHSE) provision support in Emmbrook, St Crispins, Piggott, Maiden Erlegh.

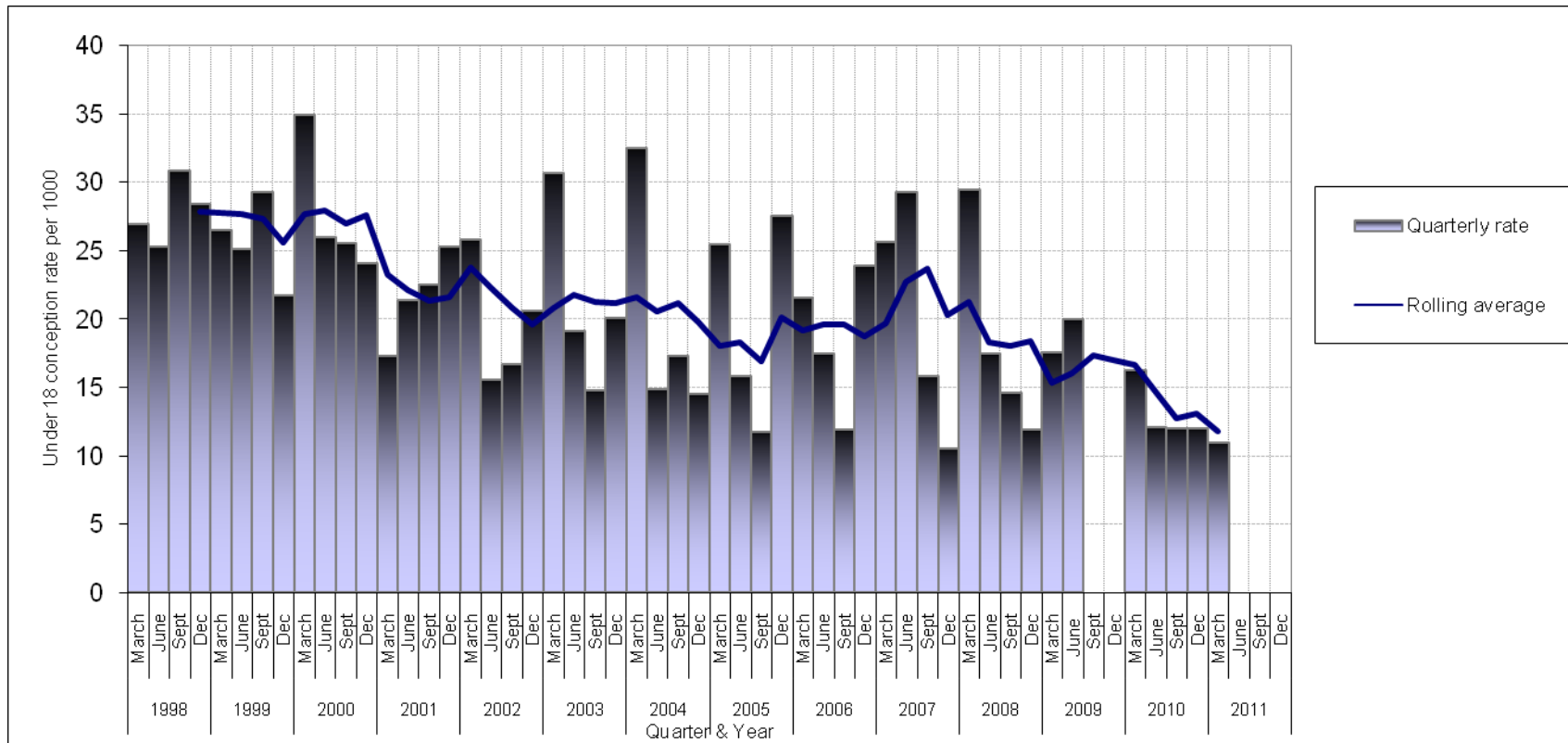


- **Key Policy Documents**

- Healthy Child Programme 5-19 years
- Teenage Pregnancy Strategy Beyond 2010
- Positive for Youth Consultation Document
- You're Welcome
- NHS Public Health Outcomes Framework 2012
- DoH Sexual Health Strategy Summer 2012

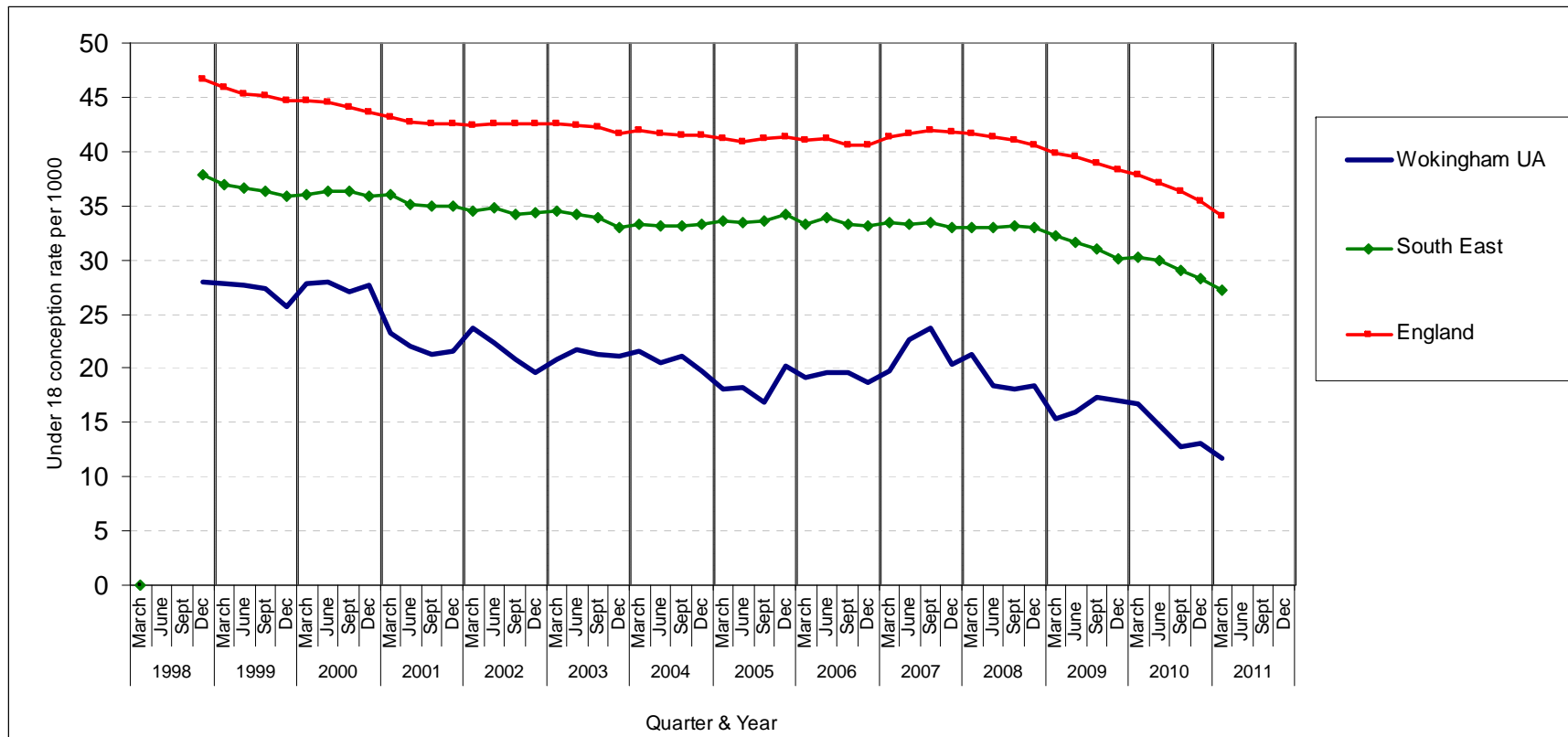


Wokingham Under 18 Conception Data 2011





Local, Regional and National Comparison 2011





Teenage Pregnancy Data (15 – 17 years)

	2008	2010
Actual Number	55	39
Conception Rate	18.4 per 1000	13.1 per 1000
Maternity Rate	8.7 per 1000	7.7 per 1000
Abortion Rate	9.7 per 1000	5.4 per 1000
% Rate leading to abortion	52.7%	41%



• **Sexually Transmitted Infection Data.**

- Data relating to Sexually Transmitted Infections (STI) is not available at Local Authority level.
- However within Berkshire West gonorrhoea infection is consistently higher than the South Central average.
- Chlamydia is the most common STI diagnosed
- Genital warts is the second most common diagnosis.
- STI are prevented by the use of condoms.
- Access to free condoms not only prevents pregnancy but prevents STI.
- The C-Card scheme provides free condoms at a variety of locations accessible to young people.

What young people have said St Crispins PSHE day Feb 2012

Good session; learnt a lot about risks and decision making

Good discussion, covered lots, no embarrassment!

Wasn't too cringey

Awkward, but good advice

Condomtastic!!

Interesting, in-depth and interactive!!!

I enjoyed it all, the games were fun and it was good to talk about

I enjoyed the discussion, when everyone talks about it with each other

It taught us we can say no!

Great sess, I love safe sex!!

Lots of discussion, easy to say what you wanted too

It was the best!